



Monty's Grab & Go

Price List (Sept 09/10)

Sweet foods

Small cookies from:	£0.45	£0.52
Small cakes from:	£0.45	£0.52
Large cookies from:	£0.65	£0.75
Muffin from:	£0.65	£0.75
Medium Cakes from:	£0.70	£0.81
Small fruit yoghurt (125g)	£0.40	£0.46
Müller "range of yoghurts" (175-200g)	£0.65	£0.75
Fruit salad pot	£0.70	£0.81
Fresh fruit	£0.25	£0.29

Hot & cold beverages

Tea (FairTrade)	£0.35	£0.40
Coffee (Fair-Trade)	£0.45	£0.52
Low cal hot chocolate (FairTrade)	£0.65	£0.75
Milk carton (250 ml)	£0.40	£0.46
Fruit juice carton (200 ml)	£0.50	£0.58
Capri-sun 100% pure juice pouch (200 ml)	£0.60	£0.69
Water, still or sparkling bottle (500 ml)	£0.60	£0.69
100% pure or sparkling juice can (330 ml)	£0.70	£0.81
Fruits Water, fruit flavoured still water bottle (500 ml)	£0.75	£0.86
Groovee 100% fruit smoothies or Thick milkshake (199 ml)	£0.75	£0.86
Capri-sun fruit rush 75% pure juice pouch (330 ml)	£0.80	£0.92

Cold lite bite

Compound salad box	from	£0.50	£0.58
Sandwiches cost code:	A - B	£1.00	£1.15
	C - D	£1.25	£1.44
	E, F - G	£1.35	£1.55
	H, I - J	£1.60	£1.84
	K - L	£1.85	£2.13
Salad plate		£1.85	£2.13

Upgrade to sandwich deal

Sandwich Deal

Buy any sandwich and upgrade to a sandwich deal for a extra £0.85	£0.85	£0.98
Upgraded deal includes a drink & a portion of fruit or cake or yogurt*		

*Only available on certain drinks, cakes and yogurts see marked products

Chilled filter water is available from both dining halls.

Food intolerances and allergies

Customers are advised that foods produced in the dining halls are prepared in a multi discipline environment and caution should be exercised by those with intolerances/allergies.

Product availability

We insist all our produce is delivered daily, hence on the rare occasions, a dish or menu may not be available or subject to change.

